

Agape

WELLNESS MENU

INTEGRATIVE MEDICINE

Dr. Keith Cini

A comprehensive, whole-body approach to health & healing, supporting men, women & families. Care is focused on identifying root imbalances, relieving pain, improving function & restoring overall wellness.

Each session is personalized and may include acupuncture, cupping, moxibustion, therapeutic bodywork such as tuina, chi nei tsang, visceral manipulation, craniosacral therapy & other modalities as clinically indicated.

Initial Visit

90 min | \$350

A comprehensive evaluation and treatment designed to assess your needs and begin restoring balance within the body.

Follow-Up Sessions

50 min | \$225 80 min | \$295

The 80-minute session is recommended for deeper, more comprehensive care.

AQUARIAN WOMENS WELLNESS

Dr. Bella Lauren

A specialized approach to women's health, supporting the body through all phases of life, from cycle regulation & fertility to perimenopause, menopause & beyond. Care focuses on the nervous system, hormonal balance, holistic pelvic care, abdominal health, holistic breast care & deep restoration.

Sessions are personalized & may include acupuncture, breath regulation, craniosacral therapy, lymphatic support, abdominal therapy, holistic pelvic care, yoni steam & other modalities as indicated. Functional hormone testing, including DUTCH testing & lab work available as part of care.

Initial Visit

3 Hours | \$595

Follow-Up Sessions

80 m | \$295

FUNCTIONAL IMAGING & SCREENING

Non-invasive, radiation-free imaging that supports early detection, preventative care & proactive whole-body wellness. Thermography measures patterns of heat and circulation to assess inflammation, vascular activity, and functional changes within the body.

Thermography for Women

Full Body \$599

A comprehensive scan of the entire body, supporting a broad assessment of systemic patterns, inflammation, & overall health.

Half Body \$499

Focused imaging of either the upper or lower body, ideal for evaluating localized areas of concern.

Women's Health Scan \$499

Focused imaging of the breasts, pelvis & abdomen to support early awareness of hormonal & inflammatory patterns in women's health.

Breast Scan / Region of Interest (ROI) \$299

Targeted imaging of breasts or any other specific area, ideal for detailed evaluation & ongoing monitoring.

Thermography for Men

Full Body \$599

A comprehensive scan of the entire body, supporting overall health assessment & detection of systemic patterns.

Half Body \$499

Focused imaging of either the upper or lower body, useful for evaluating localized areas of concern.

Region of Interest (ROI) \$299

Targeted imaging of a specific area for detailed assessment and monitoring.

*Includes imaging & report (consultation is extra \$150)

COLON HYDROTHERAPY

A gentle, supportive therapy designed to promote digestive health, detoxification & overall wellness.

Initial Session

90 minutes | \$255

A comprehensive session including consultation & treatment to support hydration of the colon & release of stagnation.

Follow-Up Sessions

50 minutes | \$195 80 minutes | \$245

Designed to support ongoing detoxification & digestive balance.

Add-On

Castor Oil Pack | \$30

Supports detoxification, lymphatic flow & abdominal relaxation during treatment.

THERAPEUTIC BODYWORK

Specialized hands-on therapies designed to support relaxation, circulation & nervous system balance.

Craniosacral Therapy

50 min | \$225 / 80 min | \$295

A gentle, restorative therapy supporting the nervous system & deep relaxation.

Marma Therapy

50 min | \$175 / 80 min | \$245

An Ayurvedic therapy working with vital energy points to restore balance & flow.

Intuitive Massage

50 min | \$175 / 80 min | \$245

A personalized session guided by the body's needs to release tension & promote relaxation.

Hot Stone Massage

50 min | \$195 / 80 min | \$275

A deeply relaxing therapy using warm stones to ease muscle tension & improve circulation.

SOUND HEALING

Private Sound Bath ~ 50 min | \$175

Uses vibration & frequency to calm the nervous system & promote deep relaxation.

Couples Sound Bath ~ 50 min | \$325

A private experience for two designed to support connection, relaxation & shared restoration.

Couples Sound Bath + Acupuncture

50 min | \$395

Combines sound healing with acupuncture to deepen relaxation & enhance therapeutic results.

HOLISTIC FACIAL (ACULIFT)

Dr. Bella's signature facial combining cosmetic acupuncture, Gua Sha sculpting, lymphatic drainage, and red light therapy to lift, sculpt, and restore the skin. Enhances circulation, reduces puffiness, stimulates collagen, and supports natural, long-lasting rejuvenation.

110 min | \$450 80 min | \$325

Especially supportive for post-surgical recovery, inflammation, and optimal skin health.

Peptide Add-Ons:

- Glow Upgrade \$95 (radiance + collagen)
- Elite Upgrade \$150 (firming + regeneration)

LYMPHATIC THERAPY

Targeted therapies designed to support detoxification, fluid movement & immune function.

Advanced Lymphatic Therapy (ALT)

50 min | \$185 80 min | \$255

Best for deeper detoxification, inflammation, and post-surgical support using advanced technology.

Manual Lymphatic Drainage

50 min | \$175 80 min | \$245

A gentle, hands-on approach ideal for relaxation & lymphatic support.

ENERGY HEALING

Support energetic balance & overall well-being.

Reiki

50 min | \$175 / 80 min | \$245

Supports energetic balance and deep relaxation.

Chakra Balancing

50 min | \$175 / 80 min | \$245

Restores alignment within the body's energy centers.

BREATH, MOVEMENT & MINDFULNESS

Practices designed to support nervous system regulation, resilience & mind-body awareness.

Tai Chi / Qi Gong / Meditation / Breathwork / Yoga

ADD-ON THERAPIES

Ear Candling | \$95

Supports ear comfort, sinus relief, and relaxation.

Pelvic (Yoni) Steam | \$95

A gentle, supportive therapy promoting circulation, relaxation, and pelvic wellness.

Red Light Therapy | \$95

Supports cellular repair, circulation & tissue healing.

Castor Oil Pack | \$30

Supports detoxification, lymphatic flow & abdominal relaxation during treatment.

MEMBERSHIP & CONCIERGE CARE

Customized wellness plans designed for ongoing support & preferred pricing. Please inquire for details.