

Agape

SERVICE MENU

INTEGRATIVE MEDICINE

Integrative Healing - 50min \$190

An integrative approach utilizing many different modalities.

Acupuncture - 30min \$95

A traditional Chinese medicine practice that involves inserting thin needles into specific points on the body to balance energy flow & promote healing.

Cupping & Moxabustion - 30min \$95

Myofascial Release, Promotes circulation, Moves Qi & blood, Strengthens lungs.

Tai Chi & Qi Gong

Both practices are known for their benefits in improving balance, flexibility, relaxation & overall mind-body harmony. Group \$25/hr or Private \$190

Mindfulness Based Stress Reduction

MBSR improves overall well-being through heightened awareness & acceptance of the present moment. Sliding scale donation based.

Transformational Breath

A self-healing technique that uses conscious, connected breathing patterns to release physical, mental & emotional blockages. Group \$55/2 hr or Private \$225

ABDOMINAL THERAPY

Chi Nei Tsang - 50min \$190

A Taoist abdominal massage technique that focuses on internal organs to release energy blockages, improve digestion & promote overall health & vitality.

Maya Abdominal Therapy - 50min \$190

A holistic approach that incorporates abdominal massage & herbal treatments to enhance the flow of blood, lymph, nerve & chi energy to the abdominal area, promoting reproductive & digestive health.

AQUARIAN WOMENS WELLNESS

A comprehensive approach to women's health from menarche to menopause. We address the root cause of issues concerning the menstrual cycle, reproductive system, breast health & specialize in all phases of a woman's life from fertility, pregnancy, childbirth, postpartum into matriarchy.

Initial Visit 3 hrs \$555

80 min follow up \$285

Womens Wellness Visit 50 min \$222

Bella Birthing Services

Empower your pregnancy, birth & journey into motherhood with our personalized doula care & transformative hypnobirthing services.

Holistic Pelvic Care - 50min \$190

HPC utilizes a gentle intervaginal fascial massage technique & restorative breath work tools to enhance the flow of pelvic organ energy. It physically & energetically realigns the pelvic bowl to enhance creative potential & pelvic vitality, as well as addresses postpartum care, birth & other root traumas, pelvic pain, and healing for miscarriage.

Yoni Steam/Pelvic Steam - 25min \$95

A holistic practice where you sits over steaming herbs to nourish, cleanse & support health by promoting circulation & balancing hormones.

THERMOGRAPHY

An FDA registered Digital Infrared Thermal Imaging technology that evaluates the overall health of your body. This screening procedure is a unique test of physiology & an invaluable diagnostic tool that can detect abnormal cellular changes long before symptoms arise.

Full Body \$499

Half Body & \$399

Womens Health Check

Breast/ROI \$199

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THERAPEUTIC BODYWORK

Chakra Balancing - 50min \$150

An energy balancing technique that unlocks & restores harmony to your seven energy centers.

Lomi Lomi Massage - 50min \$150

A traditional Hawaiian healing practice characterized by rhythmic, flowing strokes intended to promote relaxation.

Marma Therapy - 50min \$150

An Ayurvedic technique that involves stimulating specific points on the body to promote healing, balance energy & enhance overall well-being.

Massage Therapy - 50min \$150

A' la carte massage as you request such as Swedish, deep tissue, hot stone, intuitive.

Reiki Therapy - 50min \$150

A Japanese technique for stress reduction & relaxation. It involves energy work that restores balance in the body.

Ear Candeling \$95

Loosen and draw out earwax, debris & other impurities from the ear canal

SOUND HEALING

Private Sound Bath - 50min \$100

A meditative practice where individuals immerse themselves in soothing sound waves from instruments like gongs & singing bowls to achieve relaxation.

Couples Sound Bath - 80min \$285

Enjoy a private session for two. Lay back & allow healing sound frequencies & vibrations to promote physical, emotional & spiritual resonance.

COLON HYDROTHERAPY

A gentle cleansing procedure that involves flushing the colon with warm water to remove waste & toxins, promoting digestive health.

Initial Consult & Tx - 90 min \$255

50 min session \$180

80 min session \$225

LYMPHATIC THERAPY

Assisted Lymphatic Therapy

ALT is a technique that uses specialized equipment to enhance lymphatic drainage, promoting detoxification & immune function.

Initial Consult & Tx - 90 min \$255

50 min session \$170

80 min session \$225

Manual Lymphatic Therapy \$150

A specialized massage technique that stimulates immune function, reduces swelling & eliminate toxins.

HOLISTIC FACE LIFT

Face Yoga

Facial massage technique designed to tone & strengthen facial muscles, improve circulation & promote a youthful appearance. We use Nourishe Organics Skincare line.

80 min session \$225

110 min session \$285

Cosmetic Acupuncture - 50min \$190

Revitalize & enhance your natural beauty with our specialized cosmetic acupuncture.

RED LIGHT THERAPY

Rejuvenate your skin & relieve pain with our red light therapy sessions. Can be an add on to any service or stand alone tx.

20 min session \$45

