



YONI CARE BUNDLE

Sacred Feminine Cleansing & Rebalancing Ritual

Contents:

- Yoni Wash – Gentle herbal foam cleanser
- Yoni Detox Pearls (3 pearls) – Vaginal herbal detox pearls
- Yoni Care Tincture – Broad-spectrum antimicrobial extract (oral & douche use)
- Plastic Applicator – For vaginal rinsing
- Instruction card & ritual guidance included

Properties:

Yoni Wash:

- Antibacterial and antifungal
- Astringent, anti-inflammatory, and soothing to irritated tissue
- Tones and refreshes vulvar skin
- Supports healthy flora and pH balance
- Energetically clearing and emotionally uplifting

Yoni Detox Pearls:

- Blood-moving, phlegm-resolving, qi-circulating
- Astringent, anti-inflammatory, uterine-cleansing
- Vaginal flora balancing and discharge clearing
- Energetically clearing and emotionally grounding

Yoni Care Tincture: (Dr. Bellas “Immune Boost” or “Flu Away”)

- Stimulates immune system response and cellular defense
- Antimicrobial, antiviral, antiseptic
- Antifungal, anti-candida, anti-ringworm
- Supports clearance of vaginal and systemic infections
- Anti-chloria (clearing toxic heat and damp from the system)

Indications:

Yoni Wash:

- Daily feminine hygiene and vaginal care
- Mild odor, irritation, or discharge
- Post-menstrual or post-sex cleansing
- External soothing during yeast or BV flare-ups



- Energetic reset or emotional clearing
- Gentle postpartum care once bleeding has stopped

Yoni Detox Pearls (TCM & Womb Wisdom):

- Damp-heat and phlegm accumulation (odor, discharge, yeast)
- Qi and blood stagnation (painful periods, dark blood, fibroids, cysts)
- Cold womb and infertility patterns
- Postpartum or post-loss uterine stagnation
- Energetic imprints from past partners or trauma
- Chronic candida, BV, or uterine stagnation

Yoni Care Tincture (Internal & Douche Use):

- Recent exposure to viral illness
- Physical exhaustion or suppressed immunity
- Onset of acute infections (cold, flu, sore throat)
- Systemic candida, skin fungus, athlete's foot
- Sinus congestion, minor infections
- Lyme disease and early-stage tick-borne infections
- Vaginal infections or imbalance (oral or douche use)

Dosage:

Yoni Wash:

Use daily to cleanse the outer yoni. Lather in hands and rinse with warm water.

Yoni Detox Pearls:

Insert 1 pearl vaginally for up to 72 hours or as directed.

Remove and rest 24 hours before inserting the next.

Use a total of 3 pearls per cycle.

Yoni Care Tincture:

Take 30 drops orally three times per day.

For douche: mix 1 part tincture with 9 parts warm distilled water.

Use applicator to rinse vaginally on rest days between pearls.

Side Effects:

- Possible temporary discharge, cramping, or detox symptoms
- Mild irritation if tissue is inflamed or dosage too concentrated
- Increased vaginal odor or mucus during cleansing is normal
- Emotional release or fatigue during energetic clearing may occur



Contraindications:

- Do not use pearls or douche during menstruation, ovulation, or pregnancy
- Avoid intercourse during pearl use
- Use caution with IUDs, active infections, or recent surgery
- Tincture may be too strong for sensitive individuals without dilution

Special Notes:

- Ideal for use in a preconception protocol or as part of a cyclical reset
- Best combined with yoni steaming, castor oil packs, and nourishing herbs
- For best results, repeat for 1–3 consecutive cycles and follow with rebuilding tonics
- Include intentional practices such as breathwork, journaling, and womb meditation

Dr. Bella's Botanicals

Bringing Balance Back

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