



# DOULA PACKAGES

with Dr. Bella Lauren

## Standard Birth Package

Price: \$3,333

Includes:

- Dr. Bella's Botanicals "Perfect Pregnancy Prenatal Tea Blend" /2cups
- Dr. Bella's Botanicals "Belly Balm for growing mom" 4oz
- One 80 minute prenatal therapy
- One 80 minute postpartum therapy
- Labor Day Support
- Labor Day Therapy during labor and delivery
- 24 hour text, email, & phone support for 7 days postpartum, breastfeeding support.
- Counseling and education

## VIP Birth Package

Price: \$5,555

Includes everything in the Standard Package plus +

- BellaBirthing Workshop
- Placenta Encapsulation
- Dr. Bella's Botanicals "Labor day tea blend" /2 cups
- -VIP 12 pack 80 min prenatal & postpartum therapy
- 24 hour text, email, & phone support, continuous support up to 40 days postpartum, breastfeeding support
- One year VIP membership perks of 20% off all services and 10% off all retail.

## A La Carte Services & Pricing

- Labor Support: \$2900
- BellaBirthing Workshop: \$500
- Placenta Encapsulation & Tincture: \$333
- Herbal Tea Blends: \$20/2 cups
- Herbal Balms: \$40/4oz.
- Prenatal Therapy:
  - \$190/50min \$285/80min
- Postpartum Therapy:
  - \$190/50min \$285/80min
- Breastfeeding Support: \$190/50 min
- In-home service fee: \$95